

Toboggan!

Important information for all participants



Retreat dates

From Friday, March 20th, 2009, to Monday, March 23rd, 2009

Departure

Friday, March 20th, at Project 10 (*we have moved!* 2000, Northcliffe Avenue, #218, Montreal) at **9:00 am sharp!** We need to pack luggage in vehicles, and the bus leaves at 10:00 am. *We will not wait for latecomers.*

Return

Monday, March 23rd, at Project 10 (see Departure) at 3:30 pm.



If you need to travel for a long time to get to Montreal for the retreat departure, contact us. We can provide lodging on Thursday and Monday nights (March 19th and 23rd) if you need to arrive a day early, or leave a day later, or both. We will also cover your travel costs.

Retreat location

Camp Kinkora
265, Lac Beauchamps Road
Saint-Adolphe-d'Howard (Qc)

Emergency phone numbers

Retreat emergency number: 514-246-1951
Camp Kinkora phone number: 1-888-321-2267

- ❖ Cabins at Camp Kinkora are heated, and there are private bathrooms and showers.
- ❖ Food is provided at the retreat, but you must bring a lunch for Friday – we will arrive at Camp Kinkora around noon, and we will not have time to cook a meal.
- ❖ Double-check the list of things to bring when packing your luggage at home.
- ❖ *Don't forget to bring your Medicare card!*

Do not hesitate to contact Hugo at Project 10 if you have any questions:

514-989-4585
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